

Lodge Life

SHEDFIELD LODGE MONTHLY NEWSLETTER

TIME AFTER TIME

Sometimes little things play a BIG part

I am sure I wasn't the only one caught out with the clocks going forward by an hour on Mothers Day. For myself it happened the following day whilst writing this newsletter. Oblivious to extended daylight outside and, not changing the office clock, I knew I was late for my supper. At least the traffic was quiet on the way home!



Time is one of the most important elements to our day and recently we purchased a special clock for our dining room. It has been designed to help people with memory loss which displays the time in large high visibility characters in two formats. One is standard and the other alternates to show the period of the day i.e.

"Now it's Sunday Afternoon"

I particularly love the gentle chime sounds on the hour.

Remember though... *Time not measured by clocks, but by Moments.*



SPRING IS IN THE AIR

Hello Again,

How wonderful to finally see blue skies and daffodils at the Lodge. Slowly emerging too are the buds on the trees and snowdrops by the pond.

Browsing through the lounge window last week I caught sight of a Great Spotted Woodpecker helping itself to sundries on the bird feeder.

The horses too, seem to be more active with a small canter here and there.

Yes, spring has arrived and where better to see it's delights than our beautiful setting here in the heart of the Meon Valley.

This Issue

- Springtime
- Building Blocks
- Time to tell
- 'Allo Vera
- Events



The house that ~~Jack~~ Graeme & Gary built

Home Improvements. Our budding duo have been busy this month and you may have noticed the handywork they have carried out. Corridors have been renovated and walls painted with a dividing colour (*some areas also now have murals*) to help our residents identify areas around the lodge more easily. The entrance doorway is also taking shape sporting our new silver logo. Also continuing safety work has given us new emergency lighting and our extinguishers are now housed in protective casings.



Great work guys!



TOGETHER
WE
CARE

HAPPY BIRTHDAY VERA



Not only was it the first day of spring on March 20th but also, our wartime sweetheart Dame Vera Lynn celebrated her 100th Birthday!

Of course we had to share this momentous occasion with our residents. Kelly, our talented chef, baked a beautiful cake of our Dame in her wartime regalia, amidst the white cliffs of Dover. It certainly would not have looked out of place on 'Bake Off.'



During the day we reminisced with a compilation of film footage and returned to the days of crackling vinyl, for a 'sing-song' of those memorable greats such as We'll Meet Again.

In between the waving of our union jack flags, we talked about life back in the days, (*the best topic for myself of course was puddings!*) and learned about the remarkable



career of Vera and the difference she made to so many lives.

"I'll be with you in apple blossom time" sang Vera.

... what a wonderful way to welcome springtime.

Events

Dancing on a weekday afternoon.
Choral melody with the church.

My attention was caught to the sound of a favourite Neil Diamond song 'Sweet Caroline' performed by one of our visiting entertainers—Louise. As I made my way into the lounge, how wonderful to see our residents joining the chorus. As one happy tune rolled to another, Maria (Mrs. 'P') was enjoying the opportunity to share a dance with everyone. Next time I think I need to bring along my 'Strictly' pair of shoes!

A visit from the local church was also welcomed this month with great warmth, and they delivered some wonderful hymns and prayers. So a big 'thank you' to them all.

Thank You

Quality Assurance feedback completed.
Contact Database continues...



Thank you to our residents and to you our readers for the help with our feedback questionnaires. We have welcomed your comments and appraisals.

The new annual report graphs are now on display in the porch and do remember that we welcome feedback at anytime.

Also, I am continually updating our contact database, including the Media Consent forms, so would still be grateful for the return of these forms along with your email address. It will then be nice to feature some lovely photos of our residents in the Newsletter.

If you have any questions or require a form please contact us and we will be happy to help.

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Wonderful to share our 2nd issue of Lodge Life and look forward to next month.

Until then...

See you soon,

Mark

