

Issue

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Lodge Life

SHEDFIELD LODGE MONTHLY NEWSLETTER

This Issue

Intro

Learning Curve

Garden Party

Balloon Activities

Summer Funtime

Hello Again.

With the rain trickling down right now outside my door it is probably trying to let me know that Summer is over.

Yes Autumn is on the way but we can't forget about the great time we have had at The Lodge while Mr. Sunshine and Mr. Blue Sky graced our presence.

As always, we have made the most with our garden enjoying the wonderful view and the sights and sounds of nature.

Keeping cool with those ice creams and lollies, a 'flippy floppy hat' it has been nice to reminisce of pastime holidays and the like.

Our resident donkey, Stephen also enjoyed some extra company.



Back To School...



Do you remember your last day of School, College or University?

For some it was a 'Hooray!' and never to see a classroom again. We are blessed to have our very own Training Room on site and a fabulous venue for the staff to continue to learn and develop skills important for their roles.

It is equipped with a variety of training aids such as resuscitation mannequin (*Annie*) with data monitoring, choking vest, electronic trainer de-fib unit and much more. Last year I was able to complete my Registered Healthcare Trainer qualification covering a large range of subjects. This not only makes our staff training cost effective but allows us to tailor the topics relevant to how we carry out the person centred care here at Shedfield Lodge.



It also provides opportunity for sharing feedback and experiences amongst our own team.

Delivery of our own training allows for continuity and flexibility and a place where staff can pop in anytime if they wish to know more or have a refresh.

All our staff attend all the mandatory subjects required by the Care Quality Commission plus much more, allowing The Lodge stand out from other care homes.

WILD WEST FUN



FAMILY COUNTRY & WESTERN HOEDOWN SUMMER FETE



If there was a fun day to be had... well, we certainly had that with our annual summer fete.

Taking a trip back to the Wild West there was plenty of 'Yee Haw's' and 'Howdy People' around, and big, big smiles. We were also blessed with sunshine to enjoy a magnificent day.

Amidst the entertainment... there was something for everyone including a Magic Show, Face Painter, Balloons, Scrumptious Cakes, Games including a Horseshoe Throw plus a Grand Raffle. Food of course, and Homemade Lemonade which our wonderful residents made in addition to the posters and decorations they created especially for the occasion.

A BIG thank you for all their help.



SHOWTIME AT THE SALOON



What a pleasure to put on a show again and this year **Enchanted** (aka. myself & Stacy) was joined by a trio who adapted the name '**Stardust**' Hmmm.. See where they went with that? Our very own Emily, Cassie & Carole. Thus creating a

fun rivalry and thankfully, not like the O.K. Corral. We left that pleasure to Andrew & Simon to open the show with their recreation of The Good, The Bad & The Ugly. (As tempting as it is, I'm making no comment if I want to keep my job :)

We covered over 30 songs including.. Traditional, Country Bumpkin sing-a-longs and Pop & Rock classics.

Of course this couldn't be done without the outfit and prop changes. (Oh how we love fancy dress!) Talking of dress... we just had to do a 'switch' again. Ladies, I can now sympathize with the wearing of long heeled boots!

All was for an amazing cause to support our 'Henry' Charity and we are so pleased to say that with all your generous help we raised over a massive £1100 on the day. Thank you all so very, very much...



Everyone loves a balloon right?

Each month we have a visit from a chap called Chris who is a master at balloon modelling.

Our wonderful residents are delighted with some of the creations he comes up with. Chris is always open to requests and his imagination is brilliant. Anything from the animal world to flowers, swords and spaceships.

To add a little atmosphere it is nice to have some Fairground Organ music in the background. All the fun of the fair! Next time Bingo.

Is there anything these guys can't do?

Graeme and Gary, our maintenance team to the rescue...

In action providing essential waterworks in the grounds of The Lodge.

On this occasion, the 'Big Boys Toys' were brought out and just had to take this snapshot. Of course many staff wanted 'a drive' but alas, with our high standards of Health & Safety compliance, we had to let them down gently.

Maybe a Combine Harvester next time guys? *Would have made a good prop for our fete!*



I hope that you have enjoyed this edition of Lodge Life. It's wonderful to bring you news and snippets of what we love and enjoy, together with a smile or two.

If you know of anyone who would like to subscribe, please just forward myself their email address and I will be happy to send them a copy.

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For more info about The Lodge don't forget our website www.shedfieldlodge.com

Look forward to the next edition of **Lodge Life**

Until then...

See you soon,

Mark