

Lodge Life

SHEDFIELD LODGE MONTHLY NEWSLETTER

This Issue

We Remember

Flying High

Learning Skills

Together

They're Coming



100 years.. a Century! That's a long time but the nation, on November 11th, turned back their minds to remember the end of WW1 and respect those that gave everything so that we may enjoy our freedom of today. It too, was a day to remember souls lost through battles and conflicts that have occurred since the great war. Here at The Lodge it was important to mark the occasion in our own way.

Our wonderful residents took part in an activity in which we made our own poppies. With the use of pipe cleaners, tissue paper and card we created some amazing flowers for our display in the conservatory. A little sticky at times with the glue which, at times seemed to attract all the tissue paper in sight which made a huge poppy at one time.

Alongside we had images of old, young, service, civilian, royalty and animals with words of respect.

A few days before Sunday, one of our regular singers, Becki, visited us with her piano. She prepared a special set of songs mostly from the WW1 era which were humble and meaningful. It was almost like a service but without sermon or prayer.

That side of things was very thoughtfully brought to us by our local vicar, Jane accompanied by fellow parishioners.

As Becki performed we were all touched emotionally and for some, old memories returned. I was in admiration to think that maybe old colleagues, parents, relatives were being remembered and honoured for the bravery and sacrifice made all those years ago. Lest we forget.

The two minute silence was carried out on the Sunday whilst we watched the service coverage on television and the grand march past the cenotaph.

Our very own cook, Kelly, also contributed a beautiful and poignant cake in honour of the fallen. I can't even imagine how much time it took to make?

It is a privilege to see our residents embrace the act of remembrance. All have their own stories and connections. These can be passed through the generations now, and onward to those yet to come.

For our tomorrow they gave, and still give, for our today. We give thanks and salute you.



Wonderful wildlife is frequently seen around the home. Even festive Robins have started to visit. But it was astonishing the other day to see 3 birds of prey flying above the skies of The Lodge.



Dementia in a different way

Shedfield Lodge was approached by another care home to help with some dementia awareness training for their staff. This was a great opportunity to develop a more practical program which also included a 'team building' element. With the help of our external trainer, Mary-Ann, we created a range of activities involving all 5 of the senses and communication which, in dementia care, is essential to have an understanding that helps us in our day to day tasks. Also, our visitors were able to experience our very own Virtual dementia experience.

Throughout the afternoon, it was observed how well we were able to see the staff bonding and working well as a team. It was rewarding to see how educational elements could be put across in an alternative way that showed enthusiasm, cooperation and at times, a fun way.

The arrival of the truck can only mean one thing...

Indeed. We have some wonderful festive happenings at The Lodge.



- 14th Special Christmas show from Doorstep Entertainments. **2pm**
- 17th Church Christmas with our local vicar Jane. **10.45am**
- 18th Wickham Primary Supersingers Choir. **1.45pm**
- 19th Reunited Xmas Tunes. **2pm**
- 20th St John the Baptist Primary School Choir. **10.30am**
- 21st Residents Christmas Party with a Panto. **2pm**
- 24th Becki Sings Christmas. **2pm**
- 26th Christmastime Songs with Mark. **2pm**



A welcome 'Hello' to a pair of new entertainers. Debbie & Bob and known to us as Reunited. Together they performed a good blend of songs old & new and included a touch of country too. We look forward to more!

Look forward to the next edition of
Lodge Life

Until then...

Mark



mark.faulkes@shedfieldlodge.co.uk

www.shedfieldlodge.com