

Lodge Life

SHEDFIELD LODGE MONTHLY NEWSLETTER



This Issue

On Track

Finger On The Pulse

Come In

Heroes

Getting Crafty

For today's daily commuters the idea of train travel, conjures up thoughts of packed compartments, increased fares and late arrivals. But many of us remember the nostalgia of a trip when we would have our own carriage with springy seats, awaiting the traditional phrase of "tickets please" from the conductor.

We would chat to others, smile, maybe read the newspaper that was left by the previous occupant and not a mobile phone in sight. Even the aroma of the fuel would occasionally sweep in through the open window along with the 'clickity-clack' sound from the wheels.

Taking a glance out of the window our beautiful island reminded us of how green the land is and at



speed. Sometimes a little too ambitious, and our Hornby Express would take a tumble leaving us to recouple our line of carriages and get back on track to our next imaginary destination.

The thought of being a real train driver back then was inspiring. Shedfield lodge is never short of railway enthusiasts including some, who worked a great part of their life in the industry.

An idea was born and we created our very own part of British Rail for residents to relax and enjoy the nostalgic days of train travel.

The clever construction work was carried out by our fabulous maintenance crew, Gary and Graeme and includes a continuous moving background of scenery filmed from trains. It even has an authentic luggage rack with our proprietor's old military suitcase stowed away. This wonderful area has also been dedicated to a resident who worked many years on the railways and has been named 'Colbourne's Carriage' in his memory. We were honoured and very proud to have his wife and family here for a very special unveiling together with other members of the wives club.



times, we would pass through stations with names we never knew existed.

Many a boy remembers opening a train set on Christmas day, patiently putting together the rails, connecting a transformer and watching in fascination as our train endlessly went round in circles. *Oh and the thrill that we could adjust the*

TOGETHER
WE
CARE

LIFE
CHANGING



Emergency. Not always a word that we like to hear but once called, we are alert, responsive and ready for the task in hand.

As we continue to embrace innovation and technology at Shedfield Lodge we were mindful of the whereabouts of the nearest public defibrillator. (AED) A piece of life saving equipment used to aid in 're-starting' the heart.

Recently we received great generosity from a family member who was happy for us to use it to purchase this incredible device which is now on site, here at the lodge.

All our staff have received training in it's use and it is comforting to know that it is there, should we ever require it.



Sign of the times. I am pleased to say that we have now embraced a new company for our visitor's 'signing in' system.

Although looking similar to our previous one, this is very reliable and able to provide valuable information such as a fire evacuation sheet and feedback on how we are doing. We hope soon to even allow you to sign in just using a QR code from your phone to make it even easier. If you have an email address, you can enter that too which is useful for notifications, announcements and of course items such as the monthly Lodge Life newsletter.



Inspirational.



A respected tribute goes to one of the great '66 World Cup heroes, Gordon Banks OBE who recently passed away.

This amazing goalkeeper, together with fellow Three Lions footballer Sir Geoff Hurst, was an ambassador for the Alzheimer's Society, raising awareness and promoting fundraising. He even continued to lace up his trainers, taking part in the 'memory walks' in his home town of Stoke as well as helping to recruit 110,000 other walkers. What a man and what a legend.

Coming Soon.

Very excited that one of our very own night carers, Kathy will soon be bringing her skills of Flower arranging for an engaging activity in the coming weeks.

Also... next month, after extensive searching, we have a guitar duo entertaining us with their harmonies on 12th April at 2pm.

Plus... Lindsey brings back her magic show on 30th April at 2pm.

Join us for all the fun!



Look forward to the next edition of
Lodge Life

Until then...

See you soon,

Mark

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