

# Lodge Life

SHEDFIELD LODGE MONTHLY NEWSLETTER

## Hello Sunshine

### This Issue

Let It Shine

X Marks The Spot

Wedding Bells

Get Together

Pet Pampers



**At Last** a ray of sunshine arrives over The Lodge and the flowers start to bloom and trees returning to their splendour with bright green leaves.

A chance to walk in the garden, maybe sit with a cool drink and observe the beautiful horses grazing.



Also, the ice lollies too, finally make an appearance. One of our residents has even had opportunity to re-visit their golfing days after 30 years with a few small 'putts' on the lawn. He described it as "remarkable" and said "it's extraordinary to have a go at it again."



Last month the local elections took place and some of our residents were

pleased that we were able to make a trip to the polling station with them.

Here they were able to express their right to vote and opportunity to feel valued as a member of the local community.

The officials at Shedfield Reading Room were delighted to meet our residents and share a conversation.



**Royal Wedding Fever** was in abundance at The Lodge too as the nation celebrated the wedding of Meghan & Prince Harry.

Out came the bunting, banners and balloons carefully put in place with the help of one of our gentlemen. *He certainly was far taller than me and able to reach places I could only stretch to!*

The day included some reminiscence with photo's of past royal weddings, guess the royal wedding cake and also some fun knocking down some cans emblazoned with castles and palaces with a few bean bags.

Of course it wouldn't be complete with our patriotic hats and flags to wave.

Our cook, Kelly made some wonderful themed cup cakes for this special treat, mmm delicious.

TOGETHER  
WE  
CARE

## WIVES CLUB

Our management team here have now set up a regular Wives Club. It is an amazing opportunity for meeting others, making friends and offering support. Being able to share thoughts and feelings with each other helps with a better understanding of a dementia journey that a loved one maybe taking. We are often told that talking to others about things can put us at ease and this is certainly the case in our comfortable surroundings, with a cup of tea and small buffet. Our manager and head of care are also on hand to offer professional support and share their wealth of knowledge and experience. Getting together gives a sense that 'you are not alone' and is very comforting. Should you wish to take part please get in touch for a warm welcome.



Wild Science®

Another visit from Amber and her marvellous collection of animals.  
Mary is fascinated and enjoying hearing about this pigmy hedgehogs' story.  
Barry the Bearded Dragon also say's 'hello.'



**SUNDAY 19th AUGUST  
2018 1pm — 4.30pm**

**Shedfield Lodge  
Summer Garden Party**

This year we are entering the Rock n' Roll era celebrating the 40th anniversary of Grease.  
We would love you to join us.



**Again this year** The Lodge held a 'drop in' day at Shedfield Reading Room for the public, as part of Dementia Action Week.

Complete with displays, rolling presentations and a practical experience plus, the team were on hand to discuss about many aspects of dementia including care and our role in the community.



Look forward to the next edition of **Lodge Life**

Until then...

See you soon,

*Mark*

Next Month...

Look forward to our feature on our 'Virtual Dementia Experience'



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