

Lodge Life

SHEDFIELD LODGE MONTHLY NEWSLETTER

This Issue

On The Ball I
So Smooth
Puffing away
New Horizons
Big event



They Think It's All Over...

Alas, not forever....

As the nation was gripped to the World Cup Tournament with high hopes of Harry Kane lifting the golden cup, sadly it wasn't to be.

The Lodge became very patriotic with a display of England flags and also, not to be discriminating, we had bunting depicting other nations, joining the coverage of red and white. We also had some smaller flags to wave and cheer along.

Each day we charted teams progress and enthusiastically willing Gareth Southgate and the boys to do well.

The matches were shown on TV and with the convenience of a mobile phone, able to show goals and highlights on a one-to-one basis for those that missed it.

Our entertainers too, obliged with some themed songs during their visits. Though unfortunately, '3 Lions' wasn't on any of their set-lists. However, our wonderful staff were heard constantly chanting 'Footballs coming home.'

During exercise activities, Sue also kept with the theme and we had soft footballs to be thrown to 'the back of the net' in a 'pop-up' goal. Speaking of activity, one of our residents who was a semi-pro footballer, challenged me to a 'kickabout' in the garden. How embarrassing it was that after a couple of hours, I was dripping with sweat and our gentleman was as fresh as when we walked outside! Time for me to leave the cakes and sweeties alone and buy a track suit!

So we look forward to seeing England perform in EURO 2020 but before then, it is the ladies turn for their World Cup next year.

Who knows, maybe I'll be fitter by then! ...Now where is that salad of mine?



Keeping Our Cool

It has been vitally important for us all to keep cool during this heatwave. So in addition to the cold drinks and ice lollies, we gave our residents opportunity to make refreshing smoothies. They were enjoyed by many and we had fun making them too.



Baskets In Bloom—thriving this summer

Lodge Life

TOGETHER
WE
CARE



PARDON ME BOY IS THAT THE FUNDING RAISERS CHOO CHOO

I'm not sure if Glenn Miller would have liked the change in lyrics, but I'm sure he would have approved the action behind it.

Some of the team from The Lodge took a trip to the Watercress Line for a special event known as 'War on the line.' Without much persuasion we donned our fancy dress ready to transport back in time.

All for a good cause and armed with collection tins, we seized the opportunity to raise money for Alzheimer's Research UK.

All were in good spirits on these wonderful steam trains and nostalgic activities were seen at each of the stations. A welcome surprise was to see Becki, one of our regular entertainers, with a chorus of 'we'll meet again.'



Although in it's early stages of development, Shedfield Lodge is doing it's own research into Dementia with a practical activity that is able to put people 'into the shoes' of someone living with dementia.

It is hoped that this project will be a valuable integration for staff training and in time, hope to develop it's use for members of the community.

We still have a long way to go but ongoing trials are delivering good results so far.

We believe in the need for a better understanding of dementia awareness and if we can play our part in that, then we can continue to help improve lives.

Don't forget to come along to our annual Garden Party on Sunday 19th August—Fun starts at 1pm. Fancy Dress too!

Also this month we have the animals returning on Tuesday 21st August at 2pm should you wish to join us.

GREASE

...Is the word.
...Is the theme!

Look forward to the next edition of
Lodge Life

Until then...

See you soon,

Mark



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www.shedfieldlodge.com

Come along and
Join us for a fun
afternoon

Bouncy Castle
Games
Hot Dogs
Face Painting
Candy Floss
Entertainment
Fancy Dress
And more...



ROCKELL 56
19 High School



GREASE



Shedfield Lodge
Summer Garden Party
Sunday 19th August 1pm to 4.30pm

