

Lodge Life

SHEDFIELD LODGE MONTHLY NEWSLETTER

This Issue

Jeepers Creepers

Charity & Hope

Clean Sheet

On The Way



Happy Halloween

Spooky things were going on at The Lodge at the tail end of October. Yes of course we are referring to Halloween, the time of year where we have fun about dastardly witches and ghoulish creatures of the night.

Of course Halloween would not be complete without the traditional pumpkin. Rather than the messy business of carving, we decided to adopt a different method for our beastly vegetables.

Our residents were on hand to help and we had tremendous fun drawing faces on the pumpkins—such a variety we had from scary to comical.

With tissue paper and copydex we gave our pumpkins a visit to the hairdressers and created some rather flamboyant hairdos of all styles and colours. One of them even sported pink hair with a pretty bow! Feeling proud of our creature creations, we displayed them in our conservatory for all to see.

Our wonderful cook Kelly, also hard at work produced some incredible cakes, certainly a 'treat' in place of a 'trick.' They were delicious!

During the afternoon, we were entertained with some Halloween songs including the famous Monster Mash, Bad Moon Rising and I 'screamily' made it through Thriller. (sorry MJ)

Always up for a challenge, we even learned how to do the Time Warp from the Rocky Horror Picture Show.

Now that we are all Ghostbusters... Who you gonna call?

TOGETHER WE CARE



Winnie's Hope... Therapy goes a long way.

Shedfield Lodges' very own inspirational charity which has been set up to help support those living with dementia and their informal carers in the community. It is opportunity for our team to share knowledge, and advice about many things, including access to services that some may not be aware of.

Raising awareness of dementia in the community, through presentations, also educates people from all walks of life both young and old. Many local businesses have attended and we have received very positive and valued feedback from them.

Our charity has been named after a former resident whose daughter, Leonie, was very happy for us to do.

During her stay at Shedfield Lodge, Winnie experienced the sense of comforting a baby, through doll therapy, giving her a great sense of purpose and being valued.

Doll therapy can remind people of a time spent with young children or maybe a baby. It can create pleasant feelings of reminiscence or affection, warm nurturing feelings and the comfort of hugs. This kind of therapy is not always for everyone but in Winnie's case, it was very rewarding.

Many dolls are available now and are unlike the commercial ones found in toy stores for children. They are beautifully textured and are all shapes and sizes with their variety of warming expressions. Alternatively, soft toys such as dogs and cats are available for those who remember a close relationship with a pet.

Items like these are also wonderful for communication and give way to an opportunity to listen to peoples stories.

We all like comfort and that feeling of being secure and with hope, we are honoured to Winnie for leading the way.

Laundry.. Love it or hate it, it's here to stay and part of our daily life. Nothing can beat putting on a 'crisp' shirt or sliding into fresh clean sheets. Here at The Lodge our daily laundry routine is quite a big one and we are very pleased with the new refurbishment complete with

brand new machines and driers. Workhorses to wash the blues away. Just imagine the days of washboards and mangles and those wrinkles to the hands!

We can land on Mars but we still can't invent a washing machine that automatically fold all the clothes?!

How disappointing.

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Looking ahead this month...

In addition to our regular singers we have a new duo coming to The lodge. Reunited—Debbie & Bob will be bringing a variety of songs and we look forward to seeing them on Friday 30th November.

Next month we look towards the festive season, dusting off the tree and some sparkle.

Look forward to the next edition of
Lodge Life

Until then...

Mark

See you soon,



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